



Find your greatness.



Club1 School Team League Rules-Game Play

I. Games

- a. IHSAA Rules with the following exceptions:
 - i. Five minute Warm-up.
 - ii. 18 minute running clock halves. Clock will stop the last minute of each half.
 - iii. Five minute halftime (may be shortened if agreed upon by coaches).
 - iv. Two minute overtime for 1st overtime period. Sudden Death overtime for 2nd overtime period.
 - v. Free Throws will be shot as 1 shot for X amount of points depending upon whether it was a 2 pt or 3 pt shot attempt.
 - vi. Free throws will be shot in their entirety for actual points when the clock is stopped in the last minute of each half.
 - vii. Boys 3rd-4th grade and Girls 3rd-5th grade can shoot free throws from the 12 foot line and the rebounders will be moved to the old FT lineup (ie. Below the block).
 - viii. Personal and team fouls will be kept and the Bonus will be used at the 7th team foul in both the first and second halves, but will be 1 shot for 2 points.
 - ix. Man-to-Man Defense will be played by all teams. Our NE Girls Middle School leagues will allow any defense to be played. These decisions are made by the high school coaches involved in our leagues and enforced by our officials.
 - x. In Man-to-Man defenses help defense and help on screens is allowed but once the primary defender recovers then the help defender should get back to their man. This may create a temporary double team and the officials will only stop play if they feel the double team was intentional and has a negative affect on the play.
 - xi. There will be no full court press in the 4th grade league except in the last minute with less than a 10 point margin.
 - xii. No full court press with 20 point lead. Once the lead gets to 20 points there will not be pressing allowed again until the lead is under 10 points.
 - xiii. Each team will have 1 full time out in the first half and 2 full timeouts in the 2nd half.
- b. Games are to be played at scheduled times not before. Allow 50 minutes per game. The game will be a forfeit if a team is not ready to play 5 minutes after the scheduled start time.
- c. Game Balls to be provided by the Home Team-4th, 5th, and 6th grades will use a women's size 28.5 ball. 7th-8th grade will use the Men's ball.
- d. Clock Operator to be supplied by VISITING TEAM. Scorekeeper by HOME TEAM.