



Club1 NE GIRLS School League Rules and Policies

- I. Team Requirements and Club1 Roster
 - a. Players must attend the same school, a school which feeds into the same high school, or live in the same school district that feeds into the same high school.
 - b. All members of the team including coaches must be registered online with their team from their original league registration and roster. All players must have their waiver signed with their original roster.
 - c. Rosters may be printed at time of coaches check-in. Coach should be prepared with grade card screenshot for each player showing their current school and grade level attending.
 - d. There are NO roster additions for the Club1 State Championship. All players in the Club1 State Championship should have played with that team during league play during the Club1 Regular Season of their location.
 - i. Teams in the same grade level from the same school MAY NOT be combined or players from one team added to another.
 - ii. Teams may not add players from the same school that were on a team from a different grade level from the league.
 - iii. If there are two teams from the same school in the Club1 State Championship, players may not participate on both teams even if one is eliminated.
- II. League Dates
 - a. Games will be played on Sundays with each team playing two games.
 - b. Visit club1basketball.com to see your league dates.
 - c. Most of our locations offer a Pre-Season, Regular Season, and in some cases a Post-Season league.
- III. Club1 Roster and Roster Fees
 - a. Roster Fees-\$85 per team for all players, and up to three coaches and/or bench personnel. This is a one-time fee each year. It should be collected and paid in full by the coach either online with registration fee or by check.
 - b. Coaches will invite their team members to their roster and parents will receive this invite via email. Parents will click the link to join the team so that each family can fill out their roster information and sign online waivers.
 - c. All members of the team including coaches must accept this invite and electronically sign the waiver prior to the Friday before the first league game or practice in order to be covered under our policy.
 - d. No one will be allowed to play or coach without a Club1 waiver and roster information. NO EXCEPTIONS!!!
 - e. Roster changes may be made during the season but new players must be Club1 members. No players should be added after Week 3. Contact Club1.
 - f. Club1 membership provides liability and accident insurance for Club1 and Club1 teams for all practices, games, and tournaments associated with Club1.

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IV. Gameplay Rules

a. IHSAA Rules with the following exceptions:

- i. Three minute Warm-up.
- ii. 9 minute running clock quarters. Clock will stop the last 10 sec of each quarter on all whistles. The clock will stop the last minute of the 4th quarter unless the lead is more than 20 points.
- iii. **TIMEOUTS**-Each team will have 2 full time outs per game.
- iv. **QUARTER AND HALFTIME BREAKS**-Thirty Seconds between quarters and two minute halftime (may be shortened if agreed upon by coaches).
- v. **OVERTIME**-Overtime will be Sudden Death with a two minute limit, after two minutes it will be a tie unless we are in tournament play then it will be until someone scores. State Championship will be-1st Overtime will be 2 minutes with clock stopping the last minute. 2nd overtime will be Sudden Death.
- vi. **SHOOTING FOULS**-Free Throws will be shot in their entirety at all times.
- vii. **Personal and team fouls** will be kept and the Bonus will be used according to IHSAA rules at the 5th team foul of each quarter.
- viii. **FREE THROW DISTANCE**-Boys 3rd-4th grade and Girls 3rd-5th grade can shoot free throws from the 12 foot line and the rebounders will be moved to the old FT lineup (ie. Below the block). If the shooter is allowed to shoot from the 12 ft. line then they should not cross it before the ball hits the rim. If the shooter has to shoot from the 15 ft. line then they should not cross that line before the ball hits the rim.
- ix. **DEFENSIVE INFO**-Man-to-Man Defense will be played by all teams. These decisions are made by the high school coaches involved in our leagues and enforced by our officials.
- x. **DEFENSIVE INFO**-Our NE Girls Middle School leagues (7th-8th Grade) will allow any defense to be played. These decisions are made by the high school coaches involved in our leagues and enforced by our officials. In our State Finals teams will be limited to Man to Man defense at all grade levels.
- xi. **DEFENSIVE INFO**-In Man-to-Man defenses, help defense and help on screens is allowed but once the primary defender recovers then the help defender should get back to their man. This may create a temporary double team and the officials will only stop play if they feel the double team was intentional and has a negative affect on the play.
- xii. **DEFENSIVE INFO**-In Man-to-Man Defense, defenders that are guarding someone on the weakside (side that the ball is not on) then they can play on the helpline in the paint provided they are 1-2 steps off the line from the ball to their man. If their man moves to the ball side or the ball moves to the side their man is on then the defense should shift to guard their man. This may not be a denial of their man as they can play in a gap to help on the drive but they should not remain in the paint unless their man is on the block.
- xiii. **PRESS INFO**-There will be no full court press in the 3rd and 4th grade league except in the last minute with less than a 10 point margin. Teams that Press, should only man to man press with no traps.
- xiv. **PRESS INFO**- Teams that Press, should only man to man press with no traps. No full court press with 20 point lead. Once the lead gets to 20 points there will not be pressing

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allowed again until the lead is under 10 points. An exception to this would be in our NE Girls Middle School leagues (7th-8th Grade) that will allow any defense to be played.

- b. Games are to be played at scheduled times not before. Allow 50 minutes per game. The game will be a forfeit if a team is not ready to play 5 minutes after the scheduled start time.
- c. Game Balls to be provided by the Home Team-4th, 5th, and 6th grades will use a women's size 28.5 ball. 7th-8th grade will use the Men's ball.
- d. Clock Operator to be supplied by VISITING TEAM. Scorekeeper by HOME TEAM.

II. Tournament

- a. End of season Tournament will take place in our Five Week leagues and will be single elimination. Teams will be seeded by order of finish in league. Depending on the number of teams in each age group, the tournament may be split into separate brackets based on competition level.
- b. In our bigger leagues we will take into consideration competition level and strength of schedule when determining which bracket to place teams in.
- c. Tie-breaker will be head to head with each other, points allowed, and margin of victory.

III. Uniforms

- a. All teams need to have reversible jerseys or 2 sets of uniforms with numbers. IF a team has players with the same number please work with officials and official scorer.
- b. No player can play without his uniform. NO EXCEPTIONS

IV. Sportsmanship-Important please read this to ALL players AND parents.

- a. While the Varsity coach at each school is not required to be directly involved in the league, he is ultimately responsible for his school's teams' conduct and will help deal with issues.
- b. Each coach is responsible for the conduct of his or her assistant coaches, players, and parents.
- c. Any ejection of players or coaches is a one game suspension. Second ejection of player will result in dismissal from league. NO REFUNDS
- d. If any coach, assistant coach, or parent is ejected by an official in two games the team will be removed from the league. NO REFUNDS.

Club1 school team basketball has one sole purpose; the improvement and development of your program and the players involved. This is not a league intended to display individuals or teams that do not adhere to the overall goal of the league. Players, coaches, or parents will be expected to display good sportsmanship and respect for coaches, opponents, and officials. Poor behavior will not be tolerated. Please talk with your players and parents about this.